

## October 2024



## **K-12 ALTERNATE MEAL OPTIONS**

30

**Deli Sandwich :** Meatball Sub

**Soup:** Tortellini Chicken Alfredo

Salad: SW Chicken Taco Vegetarian: French Toast

**Allergen:** Pre-Order Morning of With Cashier

Deli Sandwich: Meatball

Soup: Chili w/Cheese

Salad: Chef

**Vegetarian:** Grilled Cheese Sandwich

**Allergen:** Pre-Order Morning of With Cashier

Deli Sandwich: Ham &

**Soup:** Tortellini Chicken Alfredo

Salad: SW Chicken Taco

**Vegetarian:** Vegetable Normandy Mix w/Yaki Soba Noodles

**Allergen:** Pre-Order Morning of With Cashier

Deli Sandwich: Grilled

**Soup:** Tortellini Chicken Alfredo

Salad: SW Chicken Taco

Vegetarian: Buttered Noodles

**Allergen:** Pre-Order Morning of With Cashier

3

Salad: SW Chicken Taco

Δ Deli Sandwich: Turkey &

Cheese

**Soup:** Tortellini Chicken Alfredo

Salad: SW Chicken Taco Vegetarian: Veggie

Nuggets

**Allergen:** Pre-Order Morning of With Cashier

Sub

8

Deli Sandwich: Ham & Cheese

Soup: Chili w/Cheese

Salad: Chef

Vegetarian: Vegetable

Fried Rice

**Allergen:** Pre-Order Morning of With Cashier

9

Deli Sandwich: Grilled

Cheese

Soup: Chili w/Cheese

Salad: Chef

**Vegetarian:** Bean & Cheese Burrito

**Allergen:** Pre-Order Morning of With Cashier

10

Salad: Chef

11

Deli Sandwich: Turkey & Cheese

18

Soup: Chili w/Cheese

Salad: Chef

Vegetarian: Bosco Sticks

Allergen: Pre-Order Morning of With Cashier

14

Deli Sandwich: Meatball

Soup: Loaded Potato &

Salad: Grilled Chicken

Vegetarian: Cheese

**Allergen:** Pre-Order Morning of With Cashier

Deli Sandwich: Turkey &

Soup: Chicken Wild Rice Salad: SW Chicken Taco

Vegetarian: Pizza Crunchers w/Ranch

Allergen: Pre-Order Morning of With Cashier 15

Deli Sandwich: Ham &

Soup: Loaded Potato &

Salad: Grilled Chicken

**Vegetarian:** Vegetable Normandy Mix w/Yaki Soba Noodles

**Allergen:** Pre-Order Morning of With Cashier

22

Deli Sandwich: Meatball

Soup: Chicken Wild Rice Salad: SW Chicken Taco

Vegetarian: Breakfast Wrap

Allergen: Pre-Order Morning of With Cashier 16

Deli Sandwich: Grilled

Soup: Loaded Potato &

Salad: Grilled Chicken

Vegetarian: Grilled

**Allergen:** Pre-Order Morning of With Cashier

Deli Sandwich: Ham &

Soup: Chicken Wild Rice Salad: SW Chicken Taco

Vegetarian: Lasagna Roll **Allergen:** Pre-Order Morning of With Cashier

17

25

**Professional Day** 

**Professional Day** 

Salad: SW Chicken Taco

25

**End Quarter 1** 

28

Deli Sandwich: Grilled

**Soup:** Tortellini Chicken Alfredo

Salad: Chef

Vegetarian: Garden

**Allergen:** Pre-Order Morning of With Cashier

29

Deli Sandwich: Turkey &

Soup: Tortellini Chicken

Salad: Chef

Vegetarian: Veggie Dog

Morning of With Cashier

Allergen: Pre-Order

30

Deli Sandwich: Meatball

**Soup:** Tortellini Chicken Alfredo

Vegetarian: Pancakes

Salad: Chef

Allergen: Pre-Order Morning of With Cashier 31

Salad: Chef

Deli Sandwich: Ham &

Cheese

**Soup:** Tortellini Chicken Alfredo

Salad: Chef

Vegetarian: Penne Pasta (no meatballs)

**Allergen:** Pre-Order Morning of With Cashier

<sup>\*</sup>Please remember that online deposits can be made via your Factsmgt.com account.

<sup>\*\*</sup>If you have an allergy that requires you to have the Allergen Menu, please order in the morning at the register so a meal can be held for you. Quantities are limited.